



5 may

INTERNATIONAL DAY FOR THE RIGHTS OF PERSONS WITH DISABILITIES

This day is marked every year to draw attention to the rights of persons with disabilities, equal access, non-discrimination, and full participation in society.

What barriers do people with disabilities face every day?

- **Physical barriers** – lack of ramps, elevators, accessible transport, and difficult access to buildings and shelters.
- **Limited access to healthcare** – difficulties with transportation, lack of specialized care and rehabilitation services.
- **Information barriers** – inaccessible websites, lack of sign language interpretation, complex or non-adapted information.
- **Social barriers and stigma** – prejudice, lack of understanding, and isolation.
- **Barriers in education and employment** – limited opportunities to study and work.
- **Evacuation and safety challenges** – especially in the context of war, when infrastructure often does not take into account the needs of people with reduced mobility.

What **Not to Do**

Common mistakes and stereotypes that may offend or isolate a person

Avoid:

- helping without consent;
- speaking to the accompanying person instead of the person directly;
- touching a wheelchair or other assistive devices without permission;
- pitying or heroizing;
- asking overly personal questions about a diagnosis, injury, or trauma.



How to Engage **Respectfully**

Simple rules that help create comfort and equality in communication

- do not impose support;
- communicate clearly, calmly, and without diminishing the person's experience;
- remember: a person is not defined by their disability



The TERA Consortium is working to create a more accessible environment

CF "Team4UA" leads the TERA Consortium and works to make assistance more accessible for people with limited mobility:

- **supports evacuation and resettlement**
- **carries out repairs in shelters and temporary accommodation sites**
- **adapts these spaces in line with the principles of inclusion and barrier-free access**



ICF “Alliance for Public Health”

Barrier-free is not just about access. It's about reaching out. In frontline communities, this means delivering care where there is no transport, hospitals are non-functional, and distance itself becomes a barrier. That is where the mobile clinics of the International Charitable Foundation "Alliance for Public Health" operate.

What this looks like in practice:

- **outreach to remote villages and communities**
- **care without complex routes or long waiting times**
- **access to healthcare where none exists**

Mobile teams overcome more than kilometers. They overcome isolation, fear, and the absence of choice. Barrier-free means healthcare that comes to the person.



ZDOROVI

ZDOROVI implements barrier-free as a systemic approach.

3 key areas:

- **Training healthcare providers** — on how to interact with people with disabilities respectfully and with dignity
- **Facility assessment** — analyzing the accessibility of spaces, routes, and services
- **Equipment** — expanding access to medical care

Result:

- 35 electric gynecological chairs delivered
- to 8 hospitals across Ukraine. Equipment adapted to the needs of women with disabilities.



Mobile clinics of the Fortitude Charitable Foundation

Free medical care for people with limited mobility and people with disabilities in frontline and de-occupied communities.

What the team does:

- **An inclusive bus with a lift — safe transportation to the clinic**
- **Patient pickup directly from home**
- **Home visits for those who cannot travel**

